



**BahujanHitayJagatShikshanSansthaGondiya's**

**JAGAT ARTS COMMERCE & INDIRABEN HARIHARBHAI  
PATEL SCIENCE COLLEGE, GOREGAON-441801 DIST-GONDIA**

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## **7.2.1 - The Best Practice**

### **Through**

#### **I. Title of the practice: Carrier Counseling for 12<sup>th</sup> Standard Students**

##### **1. Objectives of the practice:**

- Career counseling is a service that helps people begin, change, or advance their careers.
- For students in college, Career Counseling helps them understand the career options that they have and how to pursue them.
- Career Counseling helps them understand their own strengths and weaknesses with regard to their present course or profession and lets them know what career they would be suited for.
- Career Counseling gives them a platform to voice their opinion about what they would like to pursue as well as discuss the obstacles that they may be worried about.
- Career Counseling makes the transition from one field to another a non-stressful event.
- Career counseling helps give them the required confidence to change their domain with the support of an experienced mentor.
- A career counselor is similar to a career coach in that professionals in both roles can help you navigate your career path and understand your career goals.
- Although these terms are often used interchangeably, professionals may identify themselves as one or the other and describe their services in very specific ways.
- You may find that career counselors have degrees in psychology, counseling, or human development, while career coaches may have coaching certifications or education in specific fields that they coach people to enter.
- Another difference you may come across is in the nature of the career support, with counselors helping you with career exploration and coaches helping you with specific career-related steps.

## **2. The Context:**

- Jagat Arts, Commerce and Indiraben Hariharbhai Patel Science College, Goregaon is the first institution of higher learning in this Taluka of Gondia District since 1992.
- Whether you are a student, at the midpoint of your career trajectory and thinking about a career change, career counseling could help you make sound decisions for your professional journey.
- Here are some things you can expect to work on during career counseling sessions:
  - Assessing your strengths, skills, education, and experience
  - Bringing your desires and dreams to the surface
  - Identifying areas of untapped potential
  - Considering various career options
  - Exploring industry trends and hiring practices
  - Researching job listings and employers
  - Preparing for interviews
  - Enhancing your resume
  - Drafting cover letters
  - Finding your first job or changing careers
  - Charting a rewarding career path
- Considering the expected job growth across industries, from the arts to health care, as well as exciting technological advancements in many fields, now might be a great time for you to pursue career counseling.
- That way, you can explore your potential with the guidance of a skilled mentor and prepare yourself for an ever-changing professional landscape.

## **3. The Practice:**

- The teaching faculty of this institute visited to the different junior colleges in Gondia district and communicates with the students by prior permission of head of the institute.
- The home institute makes an arrangement of facilities for conducting the program in a particular big class room or in the conference hall.
- Head of the home institute provide the list of students who attending the counseling
- The principal of our institute allot the colleges for visiting to each of the teaching faculty.
- At a time two lecturer's visit to allotted junior college for counseling process.

- There may be one-on-one conversations between a counselor and a career seeker which include assessments, activities and projects designed help to make the most of their strengths.
- All of us require career guidance at some point in our life. It helps us get insights about ourselves, our career and what we can do to improve it.



**Sanjay Gandhi Jr. College, Tedha**



**Z P Jr. College, Goregaon**



**P D R Jr. College, Goregaon**



**M B P Jr. College, Soni**



**Junior College, Chichgaon**



**Vimaltai Jr. College, Katangi**



**Shriram Jr. College, Khamari**



Sachin Jr. College, Patekurra



Saraswati Jr. College, Goregaon



### **Ravindra Jr. College, Chopa**

#### **4. Evidences of Success:**

- The strength / intake of admitted students increases
- They pick up the best career options from all the available and relevant options.
- They understand the hurdles in their career path which helps to develop the confidence and insight to overcome these hurdles.
- The students are acknowledge to change unwanted behavioral patterns that lead to unproductive activities keeping updated on latest developments in their chosen career paths.
- They gain knowledge for remove their career-related frustration and focus is re-directed to selecting the best career options.
- The students are aware about the role-model / experts for communication who have enough life experiences to share.
- They apply this knowledge for bringing / maintaining focus throughout their activities through proper scheduling / planning and make their life more organized.

#### **5. Problems and Resources:**

- There are some common misconceptions about career counseling.
- It is not general advice about careers, courses and curriculum. It takes time, effort and patience.
- Career Counselors help you pick the best career options based on your abilities. Their suggestions and guidance are unbiased.
- It is not a short-term process that gives instant results. It is a long-term process involving many changes on the part of the student.
- . It is not a service that helps you get jobs or admissions in companies and colleges respectively.
- Career Counselors are not affiliated to any academic institution. They only help you reach your potential and aim for the best institutes and companies in your career.

- It is not a procedure that runs on trial-and-error basis.
- Career Counseling is a scientific process and involves making calculated moves, based on hard facts and methodical research.
- The counselors can understand students problems and give them the right solutions and just the information that they need to make their choices.
- Schools and Parents are not aware and failing to understand the Importance of Career Counseling.
- Many school managers fail to understand the importance of career counseling for their students.
- We, as counselors, need to create more awareness among schools and parents of how important career counseling is for students and they can benefit from it.

#### **6. Notes (Optional):**

- Suitable actions were taken to promote the students for their future efforts.
- Students from rural area are very poor in updated knowledge of advanced curriculum.

## **II. Title of the practice: Excellent Research Activities**

### **1. Objectives of the practice**

- Research skills are a very important part of the writing process because they allow writers to find information and create an outline for their writing projects, whether it's inspired or academic writing.
- By increasing organized and effective research methods, you'll be able to become knowledgeable in any field that you need to write about that.
- Solely looking for confirmation is a very limiting research strategy, since it involves selection and choosing what information to collect and avoid you from developing the most accurate understanding of the topic.
- Faculty members are encouraged to take up publication of papers in research journals of national and international repute and presentation of papers in national as well as international level conferences.
- Also encourage teachers to take up research projects and publication of Books.
- The first and foremost criterion for the development of best practice in research is to increase the scientific knowledge of most qualified faculty and also make new things for the benefits of the society.

### **2. The Context**

- Jagat Arts, Commerce and Indiraben Hariharbhai Patel Science College, Goregaon is the first institution of higher learning in this Taluka of Gondia District since 1992.



- Major sharing of time of teachers is devoted to teaching and remaining available time is given to the research in their routine activities.
- Unlike university teachers, college teachers generally take less interest for their achievement in their research activities.
- Research potential of faculty members is sought to be extended as a research supervisor to provide hand on training to students for conducting research work.
- To promote these aspects, the institute has adopted many strategies which have resulted in concrete outcomes.

### **3. The Practice**

- Our management, principal and IQAC of the college have inspired teachers to do maximum research work and publish their work in the form of articles in different conferences and journals.
- The faculty members of the college published research papers in variety of national and international research journals on which they carry out research work under their own research activities.
- The faculty members presented research papers in variety of national and international conference as well as they published their papers in souvenir and proceedings of the concerned conference held at different places.
- Most of the faculty members published books by reputed publishers.
- Research scholars are also awarded Ph.D. under the able guidance of faculty members as recognized supervisor.

### **4. Evidence of Success:**

- The number of Ph.D. holders among staff has increased up to 22.
- 1) Total 23 numbers of research papers are published in journals of national, international repute & in conferences.
  - 2) Total 05 number of books are published by the faculty members.

### **5. Problems and Resources:**

- This college is situated in a rural area therefore student of this area does not have obligatory research ideas.
- Teachers take more time for teaching in the college, they devote themselves to teaching while less importance is given to the research in their routine activities.
- College is not capable to provide any kind of fund for doing research.
- The budgetary allocation is managed by other funding agencies like University Grant Commission for the projects.

- Adequate research equipment is also not available in laboratories of this college as the college has undergraduate courses in Science and Commerce streams.
- College has post-graduation courses in Arts (M.A. in Marathi, Geography and History).

#### **6. Notes (Optional):**

- This practice is very much needed to increase the publications of research articles and writing the Books.
- The involvement of faculty members is more in teaching-learning process than research activities.
- The numbers of students coming from rural areas have very low performance and they need to be improved research activities.

#### **7. Contact Details:**

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